

*In-Person General Loss (Sacramento)*

1<sup>st</sup> and 3<sup>rd</sup> Mondays from 10:30 am-12:00 pm

*In-Person General Loss (Diamond Springs)*

2<sup>nd</sup> and 4<sup>th</sup> Mondays from 10:30 am-12:00 pm

*Virtual General Loss (Mornings)*

2<sup>nd</sup> and 4<sup>th</sup> Mondays from 10:30 am -12:00 pm

*Virtual General Loss (Evenings)*

2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 6:00 pm -7:30 pm

*In-Person General Loss (Western Slope Health Center)*

2<sup>nd</sup> Thursdays from 3:00 pm – 4:00 pm

*In-Person General Loss (The Pines at Placerville Healthcare Center)*

Last Thursdays of the month from 3:00 pm – 4:00 pm

*In-Person General Loss (Blossom Vale Senior Living)*

3<sup>rd</sup> Wednesday 1:00 pm – 2:00 pm

*In-Person General Loss (Brookdale Folsom)*

3<sup>rd</sup> Wednesdays of the month from 3:00 pm – 4:00 pm

*Healthcare Professionals Group (Diamond Springs)*

1<sup>st</sup> Thursday of the month from 6:00 pm – 7:30 pm

*Journeys (Walking Group)*

Friday, Sept. 6<sup>th</sup>, 10:30 am – 12:00 pm

Thursday, Sept. 19<sup>th</sup>, 10:30 am – 12:00 pm

Contact us to register and find out about locations

*LGBTQ+ Grief Group (Sacramento LGBT Community Center)*

2<sup>nd</sup> Wednesday of the month from 6:00 pm – 7:00 pm

*If you wish to attend, registration is required. For registration or if you have additional questions, please contact our Bereavement Department at*

*530.621.7820, 916-817-2338, or [Grief@Snowlinehealth.org](mailto:Grief@Snowlinehealth.org)*

*Check for more and future group offerings as well as other services at [Snowlinehealth.org](http://Snowlinehealth.org)*



*Grief Group Offerings*

*September*

*2024*