

## CAREGIVER SUPPORT

**Del Oro Caregiver Resource Center** 800-635-0220  
916-728-9333  
Del Oro Caregiver Resource Center works with caregivers of brain impaired adults. Provides education, coping skills and support for families. [deloro.org](http://deloro.org)

## SUPPORTIVE SERVICES

**County Medically Indigent Services Program (CMISP)** 800-560-0976  
Medical & dental care.

**Davis Threshold Singers** 530-746-8776  
Women singing at the bedside of the terminally ill or dying.  
[davisthresholdsingers@gmail.com](mailto:davisthresholdsingers@gmail.com)

**Homicide Support Network** 916-874-5701  
Crisis and short-term counseling and referral.  
[victimcompensation.ca.gov](http://victimcompensation.ca.gov)  
[sacda.org](http://sacda.org)

**Indigent Cremation** 916-874-9320  
Sacramento County Coroners Office

**ServPro** 800-SERVPRO  
Biohazardous services specializes in safely cleaning trauma and crime scenes.  
[servpro.com](http://servpro.com)

**Sierra Donor Services** 916-567-1600  
Organ and tissue donation. [sierradonor.org](http://sierradonor.org)

**Weave, Inc.** 916-920-2952  
(Women Escaping A Violent Environment)  
Temporary safe shelter and support services for sexually assaulted and/or battered women and their children in crisis  
[weaveinc.org](http://weaveinc.org)

## LAW ENFORCEMENT CHAPLAINCY

Chaplains assist law enforcement, victims and survivors who have experienced a crime, loss or tragedy.

**Placer County LEC** 916-672-6984  
24/7 Emergency 530-389-5824  
[placerchaplains.com](http://placerchaplains.com)

**Sacramento County LEC**  
24/7 Confidential Helpline 916-857-1801  
Office | Mon-Thur 10-4 916-978-0296  
[sacchaplains.com](http://sacchaplains.com)

**Sierra LEC (Placerville)** 530-621-1036  
[slec.us](http://slec.us)

## LAW ENFORCEMENT CHAPLAINCY CONTD.

**Woodland Police Chaplains**  
Dispatch 24/7 530-666-2411

**Yuba/Sutter County TIP**  
(Trauma Intervention Program) 530-673-9300

## HOSPICE

Home terminal care, provided by an interdisciplinary team including volunteers. Care and services include emotional and spiritual support, respite care, 24 hours on call, and bereavement support.

**SACRAMENTO**  
**Bristol Hospice** 916-782-551  
[bristolhospice.com](http://bristolhospice.com)

**First Call Hospice** 916-725-2580  
[fchosp.com](http://fchosp.com)

**Interim Healthcare Hospice** 918-779-0811  
**Kaiser Hospice** 916-486-5300

[sac-hospice@kp.org](mailto:sac-hospice@kp.org)  
**Mercy Hospice** 916-281-3900  
[dignityhealth.org](http://dignityhealth.org)

**R.C. Hospice Care, Inc.** 916-858-1440  
[rc-hospice.org](http://rc-hospice.org)

**Sutter Hospice** 916-388-6255  
[suttercareathome.org](http://suttercareathome.org)

**UCDavis Homehealth** 916-734-2458  
[health.ucdavis.edu/homecare](http://health.ucdavis.edu/homecare)

**Vitas Innovative Hospice** 916-925-7010  
[vitas.com](http://vitas.com)

## AMADOR & CALAVERAS COUNTY

**Hospice of Amador & Calaveras** 209-223-5500  
[hospiceofamador.org](http://hospiceofamador.org)

## AUBURN

**Sutter VNA Hospice** 530-886-6650  
[checksutterfirst.org](http://checksutterfirst.org)

## EL DORADO COUNTY

**Snowline Hospice** 530-621-7820  
916-817-2338  
[snowlinehospice.org](http://snowlinehospice.org)

## GRASS VALLEY

**Hospice of the Foothills** 530-272-5739  
[hospiceofthefoothills.org](http://hospiceofthefoothills.org)

## ROSEVILLE

**Sutter Hospice** 916-797-7850  
[sutterhealth.org](http://sutterhealth.org)

## YOLO

**YoloCares** 530-758-5566  
[yolocares.org](http://yolocares.org)

This Community Bereavement Resource Directory was compiled by Bereavement Network. Inclusion is not intended to be an endorsement. Space does not permit the listing of all references. For more complete information call **211 Sacramento Information & Referral Services at 916-498-1000**.

Please contact us for bulk orders. We are a 501c3 organization serving the grieving. Printing of the brochure kindly provided by



EAST LAWN MEMORIAL PARKS, MORTUARIES & CREMATORY

4300 Folsom Blvd., Sacramento, CA 95819

(916) 732-2000 [www.EastLawn.com](http://www.EastLawn.com)

— Serving Families Since 1904 —

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## CRISIS LINES (24 HOURS)

**AA Hotline** 916-454-1100  
[aasacramento.org](http://aasacramento.org)

**National Suicide Prevention** 800-273-8255

**California Youth** 800-843-5200  
[calyouth.org](http://calyouth.org)

**Veterans' Crisis Line** 988 #1

**Sacramento Mental Health Treatment Center** 916-875-1000

**WEAVE (Battered Women, Sexual Abuse, Domestic Violence)** 916-920-2952  
[weaveinc.org](http://weaveinc.org)

**Suicide and Crisis Hotline** 988  
Or [988lifeline.org](http://988lifeline.org)

2024-25

# Community Bereavement Resource Directory

published by



P.O. Box 660365, Sacramento, CA 95866

916-557-5882

[GriefHelpSacramento.com](http://GriefHelpSacramento.com)

[griefhelpsacramento@gmail.com](mailto:griefhelpsacramento@gmail.com)

The purpose of BNRS is to refer bereaved members of the community to an appropriate support group. Please continue to check our website for updates to this directory. Call specific resources for possible virtual meetings.

## Bereavement Network Resources of Sacramento,

a nonprofit organization, has been providing services in the greater Sacramento area since 1984. It was formed by dedicated volunteers who experienced grief and saw the need to help others in similar situations. BNRS is governed by volunteer board members, consisting of human services professionals, care givers, grieving persons and community-at-large members.

### GENERAL BEREAVEMENT

**Kaiser Permanente Hospital** 916-977-3197  
Bereavement support groups on-going and open to the public in Elk Grove, Roseville, and Sacramento. [sac-hospice@kp.org](mailto:sac-hospice@kp.org)

### SACRAMENTO

**Mercy Hospice** 916-281-3913  
Widowed persons and general bereavement. [dignityhealth.org](http://dignityhealth.org)

**Mercy San Juan Hospital Chaplaincy** 916-537-5098  
Grief and loss group meets twice monthly. [dignityhealth.org](http://dignityhealth.org)

**Middleway Health Foundation** 916-492-9007  
In-person evening grief support group. [middlewayhealth.com](http://middlewayhealth.com)

**Snowline Hospice**  
Various bereavement programs  
**Sacramento** 916-817-2338  
**Diamond Springs** 530-621-7820  
[snowlinehospice.org](http://snowlinehospice.org)

**Sutter Care at Home Hospice/Bereavement** 916-388-6215  
Adult support day and evening groups for loss of general, parent, spouse/partner. [suttercareathome.org](http://suttercareathome.org)

**UC Davis Hospice Bereavement Support** 916-731-6867  
6 week support groups offered throughout the year. Call for information and registration.

**Vitas Innovative Hospice** 916-925-7010  
Ongoing bereavement groups virtual and by phone. [vitas.com](http://vitas.com)

**YoloCares Bereavement Support** 530-758-5566  
Individual and group support serving surrounding counties offering group meetings for children, teens, anticipatory, LGBTQ, spouse, partner, child loss. Bilingual. [yolocares.org](http://yolocares.org)

### AMADOR COUNTY

**Hospice of Amador & Calaveras** 209-223-5500  
Ongoing grief support group in Jackson. [hospiceofamador.org](http://hospiceofamador.org)

### AUBURN

**Sutter VNA Hospice** 530-886-6650  
Ongoing bereavement support group. Call for information.

### GRASS VALLEY

**Hospice of the Foothills** 530-272-5739  
General bereavement support. [hospice@hofo.org](mailto:hospice@hofo.org)

### ROSEVILLE

**Bristol Hospice** 916-782-5511  
Daytime grief support virtual or in person. [bristolhospice.com](http://bristolhospice.com)

**Sutter Care at Home Hospice/Bereavement** 916-797-7900  
Support groups day or evenings. Call for info. [suttercareathome.org](http://suttercareathome.org)

### FAITH SUPPORT

**GriefShare**  
Online calendar for local church grief groups and events. [griefshare.org](http://griefshare.org)

**Bayside Grief** 916-791-1244  
email: [care@baysideonline.com](mailto:care@baysideonline.com)  
At Bayside we are here to help you heal when someone loved dies. [baysideonline.com/grief-support](http://baysideonline.com/grief-support)

**Roman Catholic Diocese of Sacramento** 916-733-0100  
916-840-2138  
email: [info@cfcssacramento.org](mailto:info@cfcssacramento.org)  
Bereavement Groups at Parishes throughout the Diocese of Sacramento. [scd.org](http://scd.org)

**Lutheran Church Stephen Ministry** 916-444-0874  
email: [parishrn@stjohnslc.org](mailto:parishrn@stjohnslc.org)  
Our Stephen Ministers are trained to provide one to one Christian listening. [stjohnslc.org/congregational-care](http://stjohnslc.org/congregational-care)

### LOSS OF SPOUSE

#### SACRAMENTO

**Widowed Persons Assn of California** 916-972-9722  
Social and support groups. "Resolving Grief" program and support meetings every Sunday 3:00-5:00 pm. 2628 El Camino Ave. D-18, Sacramento. [sacwidowed.org](http://sacwidowed.org)

#### DIAMOND SPRINGS

**Loss of spouse/significant other grief support group** 530-621-7820  
916-817-2338  
[snowlinehospice.org](http://snowlinehospice.org)

### LOSS OF CHILDREN

\* **Bereaved Parents of USA Sacramento - South Placer Chapter Chantal Norman** 916-873-4169  
email: [sspccnewsletter@gmail.com](mailto:sspccnewsletter@gmail.com)  
Monthly support meetings for grieving parents. [bereavedparentscare.org](http://bereavedparentscare.org)

\* **Compassionate Friends Sacramento Chapter** 916-282-4699  
Bereavement support for parents who have lost a child. Newsletter, telephone support, and monthly meetings. Call for location and times. email: [tcfsacvalley@gmail.com](mailto:tcfsacvalley@gmail.com)  
[compassionatefriends.org](http://compassionatefriends.org)

\* **Sharing Parents** 916-424-5150  
Support group for those whose babies have died from the time of conception through early infancy. [sharingparents.org](http://sharingparents.org)

**UC Davis Hospice Bereavement Support Bereavement Coordinator** 916-731-6867  
8 week support group for parents who have lost a minor-aged child, offered once a year. Call for registration. <https://health.ucdavis.edu/homecare/hospice/bereavement.html>

### YOUNG ADULT GRIEF

**UC Davis Hospice Bereavement Support Bereavement Coordinator** 916-731-6867  
8 week support group for young adults, 17-24 years old. Offered twice a year. Call for registration. <https://health.ucdavis.edu/homecare/hospice/bereavement.html>

### CHILDRENS GRIEF

**Comfort Zone Camp** 804-377-3430  
415-526-5699

email: [kelder@comfortzonecamp.org](mailto:kelder@comfortzonecamp.org)  
Sponsored by Hospice by the Bay (Marin).

#### Children's Bereavement

**Art Group** 916-887-5275  
Creative support for grieving children 4-17 who have experienced the death of a parent, sibling or significant person *within the last year*.

**Information/Registration:**  
[sutterchildrens.org/childbereavement](http://sutterchildrens.org/childbereavement)

**YoloCares for Kids Ages 4-18** 530-758-5566  
email: [griefsupport@yolocares.com](mailto:griefsupport@yolocares.com)  
[yolocares.org](http://yolocares.org)

#### Snowline Bereavement

Peer grief support groups to children, teens and families.  
**Sacramento** 916-817-2338  
**Diamond Springs** 530-621-7820  
[snowlinehospice.org](http://snowlinehospice.org)

### SUICIDE, HOMICIDE AND DRUNK DRIVER BEREAVEMENT SUPPORT

**Suicide Loss - Friends for Survival** 1-800-646-7322 916-392-0664  
Outreach program, support and education after a suicide death. Monthly meetings, newsletter. [friendsforsurvival.org](http://friendsforsurvival.org)

**Homicide Support Network** 916-874-5701  
Support group for survivors of homicide. District Attorney's Office [sacda.org](http://sacda.org)

**MADD—Mothers Against Drunk Drivers** 916-481-6233  
Call for information. [madd.org/sacramento](http://madd.org/sacramento)

### ONLINE GENERAL BEREAVEMENT

**Good Grief Coaching Girl**  
You Tube Channel. Please reach out to CEO Elizabeth Cantu at [goodgriefcoachinggirl@gmail.com](mailto:goodgriefcoachinggirl@gmail.com)  
[goodgriefcoachinggirl.com](http://goodgriefcoachinggirl.com)

\* *Local chapter of national organization*

### SUPPORT FOR MAJOR ILLNESSES

#### A.L.S.

**Greater Sacramento Chapter** 916-979-9265  
Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease. Support, education, resources, equipment for patients, caregivers, family and friends. [alssac.org](http://alssac.org)

**Alta Calif. Regional Center** 916-978-6400  
Serving developmentally disabled persons, high risk infants and their families. Case management information and referral. [altaregional.org](http://altaregional.org)

**Alzheimer's Aid Society of Northern California** 916-483-2002  
800-540-3340  
Education, support group meetings, newsletter. [alzaid.org](http://alzaid.org)

\* **Alzheimer Association** 800-272-3900  
Education, support, regular meetings and newsletter. [alz.org/norcal](http://alz.org/norcal)

**Alzheimer's Disease Research Center** 916-734-5496  
UCD-ADC evaluates for dementia and other memory related disorders. [health.ucdavis.edu/alzheimers/](http://health.ucdavis.edu/alzheimers/)

\* **American Cancer Society** 800-227-2345  
Information and referral. Education and support for patients and families with cancer. [cancer.org](http://cancer.org)

\* **American Diabetes Assn** 800-342-2383  
Sacramento Sierra Chapter. Education, information, speakers' bureau, referral. [diabetes.org](http://diabetes.org)

\* **American Stroke Assn** 916-446-6505  
Education, referral and speakers' bureau. [stroke.org](http://stroke.org)

\* **American Lung Assn of California** 916-554-5864  
Stop smoking programs, asthma management. New information & referral. [lung.org](http://lung.org)

\* **Arthritis Foundation** 800-283-7800  
Sacramento Valley Resources Center  
[arthritis.org/local-offices/ca-sacramento](http://arthritis.org/local-offices/ca-sacramento)

\* **Easter Seal Superior California** 916-485-6711  
Rehabilitation center, information and referral. [easterseals.com/superior-ca](http://easterseals.com/superior-ca)

**Head Trauma Support Project** 916-568-6660  
Support, information, education, advocacy and prevention for survivors and families. Weekly meetings. [headtraumasacramento.org](http://headtraumasacramento.org)

\* **Leukemia & Lymphoma Society** 916-929-4720  
800-410-8170  
Patient aid, family support, education and information, referral. [LLS.org](http://LLS.org)

\* **Lupus Foundation of America** 800-558-0121  
Information, physician referral and support. [lupus.org/norcal](http://lupus.org/norcal)

**Mesothelioma Hope** 866-608-8933  
Patient aid, family support, education and information/referral. [mesotheliomahope.com](http://mesotheliomahope.com)

\* **National Alliance on Mental Illness NAMI, Sacramento** 916-364-1642  
Support for families or friends of persons with mental illness. [namisacramento.org](http://namisacramento.org)

\* **Parkinson Association of No. California** 916-357-6641  
Support for Parkinson's patients, friends and families. Monthly group meetings, information and referral. [panctoday.org](http://panctoday.org)

\* **United Cerebral Palsy** 916-565-7700  
email: [spefley@ucpsacto.org](mailto:spefley@ucpsacto.org)  
Transportation, respite and educational programs. Serving Sacramento, Yolo, Placer, El Dorado and Nevada counties. [ucpsacto.org](http://ucpsacto.org)

\* *Local chapter of national organization*